

Saturday

	1:00	Clinicians meeting							
	1:30	STC Athlete Team Meeting							
Session 1	1:45	Warm up	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 7
	2:00	Rotation 1	FX	PH	SR	VT	PB	HB	TR
	2:40	Rotation 2	PH	SR	VT	PB	HB	TR	FX
	3:20	Rotation 3	SR	VT	PB	HB	TR	FX	PH
	4:00	Rotation 4	VT	PB	HB	TR	FX	PH	SR
	4:40	Depart for Dinner							
Session 2	5:40	Warm up	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 7
	5:55	Rotation 5	PB	HB	TR	FX	PH	SR	VT
	6:35	Rotation 6	HB	TR	FX	PH	SR	VT	PB
	7:15	Rotation 7	TR	FX	PH	SR	VT	PB	HB
	8:00-8:15	Closing Remarks and Depart							

Sunday

Session 3	10:00	Warm up	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 7	
	10:15	Rotation 1	PH	SR	VT	PB	HB	TR	FX	
	10:55	Rotation 2	SR	VT	PB	HB	TR	FX	PH	
	11:35	Rotation 3	VT	PB	HB	TR	FX	PH	SR	
	12:15	Rotation 4	PB	HB	TR	FX	PH	SR	VT	
	12:55	Team Picture								
	1:10	Depart for Lunch- Coaches Clinic/Pavel Sargasyan								
Session 4	2:10	Warm up	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 7	
	2:25	Rotation 5	HB	TR	FX	PH	SR	VT	PB	
	3:05	Rotation 6	TR	FX	PH	SR	VT	PB	HB	
	3:45	Rotation 7	FX	PH	SR	VT	PB	HB	TR	
	4:25	Team Game								
4:40	Depart									
	TBA	Coaches Social								

Monday showcase

	9:00	Coaches Clinic/Pavel Sargasyan								
Session 5	9:45	Warm Up	Group 1	Group 2	Group 3	Group 4	Group 5	Group 6	Group 7	
	10:00	Rotation 1	FX/ PH/ SR				VT/ PB/ HB			
	11:15	Rotation 2	VT/ PB/ HB				FX/ PH/ SR			
	12:30	Team Game								
	12:45	Closing remarks & Depart								