



# Region 1 Men's Gymnastics

Arizona, Hawaii, Nevada,  
Northern California, Southern California

## 2023 ELITE Team Camp (ETCamp23).

*Note: This is a Region 1 qualification event. For a list of qualified athletes, visit the Region 1 website.*

Date: October 7 – 9, 2023 (Sat – Mon)

Event Site: **Elevate Gymnastics Academy (EGA)**  
**3132 Dwight Rd. #100**  
**Elk Grove, CA 95758**

Camp Director: **Travis Rainer** (623) 271-0142 (Tentatively)  
[tmrainer82@gmail.com](mailto:tmrainer82@gmail.com)

Entry Fee: **\$420.00** per gymnast  
Make 1 check (*per club*) payable to: “**USAG Region 1**”. Postmarked by: **Aug. 5<sup>th</sup>**.  
*MUST be a separate check from your SELECT Team Camp entries.*  
Mail check to: Anton Brady  
2 Marigold Dr., Unit 14  
Bellingham, WA 98229

**Registration Deadline:** Saturday, **AUGUST 12<sup>th</sup>** thru the USAG Meet Reservation System  
Name of event: 2023 Region 1 - Elite Team Camp

T-Shirts: **Email** Matt Lowry [scmgadirector@gmail.com](mailto:scmgadirector@gmail.com) t-shirt sizes for **athletes & coaches** by August 12<sup>th</sup>.

Refunds: Full refund until 4 weeks prior to the Camp (September 9<sup>th</sup>). No refund after that unless injury or illness (**MUST** have a doctor's note for refund).

Schedule: Basic Schedule (*times are subject to change, plus or minus 30 min*):  
Saturday (10/7) 1:30pm Team Meeting (camp begins)  
Monday (10/9) 1:00pm Camp ends  
*Note: a detailed schedule will be posted to the Region 1 website (mid September)*

Region 1 website: <https://www.region1.men/>

Close Hotels: Holiday Inn & Suites Elk Grove  
2460 Maritime Dr, Elk Grove, CA 95758 - **\$170/night**

Hampton Inn & Suites Sacramento - Elk Grove  
2305 Longport Ct, Elk Grove, CA 95758 - **\$189/night**

Hilton Garden Inn Sacramento Elk Grove,  
9241 Laguna Springs Dr, Elk Grove, CA 95758 - **\$223/night**

*Note: no special rates have been arraigned.*

Airports: Sacramento International Airport