

# 2025 Region 1 Elite Team Cup

## January Video Submission & Team Selection Procedures

### Routine Video Submission Process

- January sanctioned competition video submission (**All video submissions are due by Monday, January 20, 2025**)
  - Upload routines from one sanctioned competition held in January
    - All routines must be from the same competition.
    - Competition must be in an outside venue. (If your only scheduled sanctioned meet is in a gym, please contact the Elite Coaching Staff)
  - All landings must be performed on/over hard ground with FIG landing mat requirements in place
    - Resi landings and/or pit landings will not be evaluated for the USAG sanctioned competition submission videos
- Best routine video submission (**All video submissions are due by Monday, January 20, 2025**)
  - Upload one video per event
  - Videos may be filmed on different days between December 23, 2024 - January 20, 2025
  - Competition routines may be used if different from the sanctioned meet submitted
  - Athlete/s must be in full uniform
  - Athlete/s must salute as if they are competing
  - All routines must be on FIG height regulated landings
    - If a resi mat is used, a visibly firm landing mat must be placed on top.
    - If R1 ETC Staff feels the equipment and/or matting is not at regulated height, you will be asked to re-submit a new video with appropriate adjustments made or routine will not be evaluated/counted.
- Videos from both submission events must be filmed from a judges perspective and must capture all accurate angles of each skill performed

### Judging/Evaluation Procedures

- All routines from both January competition submissions and best routine submissions will be reviewed and evaluated by FIG rated Region 1 judges using Junior FIG rules.
  - Average score from a 2-judge panel per routine.
  - Judging panels will remain consistent from the ETC Selection Event
- \*If USAG decides to implement a D-score bonus for ETC, R1 will apply the D-score bonus to the evaluated routines.

### Team Selection Process

- The top 3 athletes by total points ranking accumulated from the ETC Selection Event, sanctioned competition routine submission, and best routine submission will be automatically selected to the 2025 Elite Team Cup 10-Man Traveling Team
  - Weighted percentage from each submission will be as follows
    - Elite Team Selection Event – 24%
    - January Sanction Competition Submission – 38%
    - Best routine submission– 38%
  - Total points per event will be based on placement after scores are entered
- Next 7 athletes to the traveling team will be selected using the January sanctioned competition submission & best routine submission average score.
  - Team optimization algorithms will be used as tools to select the remaining 7 athletes to the traveling team.
- The 8-man competitive team and the 2 alternates will be determined following podium training at the 2025 Elite Team Cup.